



Monday, June 5, 2017

Athletic Awards Night

Wednesday night, June 7 in the CEC AV room @ 6:30

Coach's meeting 3:30 Monday, June 5th @ CEC

Cougar Basketball Camps 2017

Boys Camp - July 3-6

Girls Camp - July 10-13

Cub Camp - July 17-19

Girls Softball

Coaches: Chris Bernard and Kelly Quinn.... and helpers :)

Driver: Doug Bernard

Roster:

Mallory Putnam

Robyn Giles

Hannah Lynds

Katie Henderson

Bailey Chisolm

Holly Miller

Lily Currie

Jenna Betts

Sarah Shaw

Courtney Coulter

Sarah Routledge

Kathleen Smith

Ellen Lewis

Macayla Cote

Akari Yoshida

Erin Sullivan

Haley Spencer

Mariah Putnam

Olivia Meech

Results:

Provincial Championships - June 2 & 3 @ Avon View High School - Windsor

L 7-0 vs. North Nova (6 innings)

W 8-7 vs. Auburn Dr. (8 innings - international rule)

W 10-0 vs. Avon View (4 innings)

W 13-3 vs. Dalbrae (4 innings)

L 6-4 vs. North Nova (Finals)

Provincial Runner-up! Silver medalists!

Thank you to our team, helpers and to our Coaches!

CEC Track & Field

Coaches:

Iain LaPointe - Head Coach and Javelin

Jessica Bartlett - Javelin

Jeff MacKinnon - Sprints

Chad Samson - Sprints

Troy Payson - Sprints

Patrick Legge - Middle Distance

Lisa Wood - Long Distance

Tammy Armstrong - High Jump

Scott Armstrong - High Jump

Roger Crowe - Long & Triple Jump

Dave Galloway - Long & Triple Jump

Ally Fanning - Hurdles

Nathan Burris - Shot Put and Discus

Joel Goswell - Shot Put and Discus

Results:

Provincial Championships - Friday and Saturday, June 2 & 3 - Beazley Field, Dartmouth

Results visit the NSSAF website

Intermediate Girls Provincial Champions! 107 points... 2nd CPA 91 points

Intermediate Boys Provincial Champions! 135 points... 2nd Northumberland Reg
65.5 points

Intermediate Banner (Combined Boys and Girls) 242 points... 2nd CPA 113
points

Senior Girls Provincial Champions! 134.5 points... Park View 110.5 points

Senior Boys Provincial Champions! 171 points... Avon View 102 points

Senior Banner (Combined Boys and Girls) 305.5 points... Park View 164.5

Division 1 Banner 547.5 points... Park View 205.5

4 Provincial Championships - SWEEP!

Records:

Micheal Adams broke the CEC record and Provincial record in Int Boys javelin, throwing **51.86m**

Int 4x100m relay team broke the CEC record running **45.98sec.**

Kamryn Matheson, Cameron Degroot, Brody Schmidt and Zach Richards

Kamryn Matheson broke the Int Boys 200m CEC record in **23.16sec.**

Thank you to our team and to our Coaches!

Special Athletes & Para: Track and Field

Coach: Marc Roberts and helpers!!!

Events:

Special Athletes: Shot Put, 100m and Long Jump

Para: Shot Put and 200m

Results:

Provincial Championships - Friday, June 2 and 3 @ Beazley Field - Dartmouth

Brandon Wilson **10th** in shot put!

Harmony Keevill **4th** shot put, **6th** 100m and **9th** in long jump!

Claire Henderson **11th** in shot put, **12th** long jump and **11th** 100m!

Racheal Reid 2nd 100m, **2nd** long jump and **10th** shot put! **TWO SILVER MEDALS!!**

Rachel Yorke 1st in Para Shot Put and 100m! **TWO GOLD MEDALS!!**

Thank you to Brandon, Racheal, Harmony, Claire and Rachel on outstanding performances!

CEC Girls Basketball Spring League - Monday Nights @ 6:00

CEC Boys Basketball Spring League - Tuesday Nights @ 6:30

Truro Table Tennis Club

Coach: Steven Dukeshire

June dates 5, 9, 12, 16, 19, 21, 26

7:30 - 9:00 Voc. Gym